

# SUNSHINE TENNIS CLUB

eNews 3rd October 2017 No 40



Hi All, I hope everyone is getting the racquets out and dusting them off for daylight saving this week. Yes I know, we have just experienced one of our driest winters for a long time (our coaches cannot believe their luck) and has enabled a lot of tennis to be played through the chilly winter months.

Talking of coaches, make sure you read their article at the end of the newsletter. They are conducting pre school tennis for students attending Howrah Primary for \$15 per child and how healthy is it for the children doing outdoor tennis and getting exercise before school or table tennis in the clubhouse if the weather is inclement!!! We now have two tables in the clubhouse.

In this issue,

- Patron of the Club (who will it be???)
- Tennis Tas Night Out -22nd September
- 35+ Day - 29th October
- Tasmanian 55+ Championships 11/12th November
- Over 50's Ladies
- Foundation Coaching Courses
- Sponsors
- Dickson Tennis - school camps etc.

Mike Geard  
President

## PATRON OF THE CLUB?

We have issued an invitation to someone we think would be more than worthy to be our Patron.

More to follow!!!!

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## TENNIS TAS NIGHT OUT

A great night out last Friday week at the Henry Jones Hotel for the Tennis Tas Awards with some enjoyable canapes, light refreshments and great company where there was acknowledgment to some important contributors to our wonderful sport. Of course not everyone can be a winner however the winners in the different categories are as follows and fully deserving of their awards -

### Tennis Tasmania Awards Winners:

MOST OUTSTANDING CLUB OR CENTRE

Devonport Tennis Club (Devonport)

VOLUNTEER ACHIEVEMENT

Leigh Titmus (Devonport)

COACHING EXCELLENCE – CLUB OR CENTRE

Tony Blom, Ace Tennis Coaching (Hobart)

EXCELLENCE IN OFFICIATING

David Vernon (Launceston)

MOST OUTSTANDING 35+ TENNIS SENIOR

Shaun Summers (Burnie)

MOST OUTSTANDING SCHOOL

Goulburn St Primary School (West Hobart)

As an added bonus, the winner of each category become the Tasmanian nomination for the same category at the prestigious Newcombe Medal, Australian Tennis Awards to be held later in the year. The Newcombe Medal is a star studded event held in Melbourne every year, hosting top players and legends of the game.

Seven time Grand Slam champion and former Davis Cup Captain **John Fitzgerald** attended the event as a guest speaker and fondly recalled his days growing up in a small tennis community and how it helped shape his successful tennis career.

“Growing up in a small town in SA, you realise just how important the role every member of the tennis community plays to ensure the viability and success of our sport,” Mr Fitzgerald said.

Just to remind everyone, Sunshine Tennis Club was voted Most Outstanding Club in 2016 and no nominations were forwarded this year. If you consider someone in your group/club is deserving, the opportunity exists to nominate them next year.



Above L to R. at the Tennis Tas Awards, National Academy for Tasmania Head Coach **Simon Youl**, our long serving Secretary **Sean Kelly**, Treasurer **Deb Easter** with **John Fitzgerald**.

Above right,- **Deb Easter**, **John Fitzgerald**, **Sean Kelly** and **Mike Geard**

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## 35+ Days

A reminder OUR 35+ day will be held on Sunday October 29th from 10am to about 12.30 followed by a bbq so put the date in your diary.

**29th October - Sunshine Tennis Club**

Other 35+ days around the clubs for the year are on the following Sundays:

19th November - Glenorchy

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## Tasmanian 55+ Championships

Not sure what to do in November? For those eligible please consider entering the Tasmanian 55+ Championships on 11/12 November at Sunshine Tennis Club.

Our Club is lucky to host this prestigious event and last year was fantastic with entries from the mainland and the north of the state. However the event only lasted one day through lack of entries. Great prizes are provided by Tennis Tas and I can assure you many of our members would compete more than adequately with those entered last year in the various age brackets.

We had a few club members enter last year and we intend having an early evening function on the Saturday at this year's event so keep the date Saturday 11th November free.

We are hoping to organise a function after play on the Saturday so look out for further news.

## OVER 50's LADIES NEED NEW PLAYERS!!!

What do you do on a Monday afternoon? If the answer is not much, watch TV, look after the grandchildren, voluntary gardening, play bridge or any one of the various things **we have to do**, try and rearrange your life to get some gentle exercise.

The ladies need more members playing otherwise they are going to have to retire their racquets at the end of the year. Even if you haven't played for a number of years and just need to **GET OUT OF THE HOUSE**, come along to the tennis club and enjoy some company and a cup of tea/coffee.

Social membership is only \$20 per year so tell your friends you know where you can get a free cup of tea or coffee and I am sure Peg Curry or one of the girls would love to make it for you (after a little exercise of course.).

Ring Pat on 62477139 for further details. Remember USE IT or LOSE IT and these ladies are certainly a great example of continuing tennis and being active!!!!



Pictured L. to R. Ronice Spaulding, Peg Curry, Pat McGuire and Louise Pilkington.

# TENNIS COACHING COURSE

The opportunity exists to partake of a coaching course.

These courses are designed for people who are looking to build their skills and knowledge to help them deliver great tennis experiences to the next generation of players, for more information or to register, please read the following:

<https://www.tennis.com.au/coaches/coach-education/course-and-workshop-calendar#tas>

## **Tennis Australia Foundation coaching course**

### **Aim of course**

To provide course participants with:

- the opportunity to experience ANZ Tennis Hot Shots activities and contemporary coaching methodology; and,
- an awareness of the legal and ethical responsibilities of a tennis coach/Community Play volunteer

### **Learning outcomes**

- Assist in conducting safe Blue and Red stage ANZ Tennis HS activities under the direct supervision of a qualified tennis coach or as a Community Play deliverer
- Awareness of contemporary coaching methodology
- Awareness of the Tennis Australia national policies (e.g., Member Protection policy, child safety guidelines) and the Coaches Code of Conduct

### **Foundation Course – Launceston Regional Tennis Centre**

Date: Friday 13th October 2017

Time: 9am-2:30pm

Cost: \$135 (\$95 for those linked with a Tennis Australia Qualified Coach Member)

Register: to express your interest, please send your names, phone number and email address to Patrick Landy ([PLandy@Tennis.com.au](mailto:PLandy@Tennis.com.au))

### **Foundation Course – Devonport Tennis Club**

Date: Saturday 14th October 2017

Time: 9am-2:30pm

Cost: \$135 (\$95 for those linked with a Tennis Australia Qualified Coach Member)

Register: to express your interest, please send your names, phone number and email address to Patrick Landy ([PLandy@Tennis.com.au](mailto:PLandy@Tennis.com.au))

### **Foundation Course – Domain Tennis Club**

Date: Sunday 15th October 2017

Time: 9am-2:30pm

Cost: \$135 (\$95 for those linked with a Tennis Australia Qualified Coach Member)

Register: to express your interest, please send your names, phone number and email address to Patrick Landy ([PLandy@Tennis.com.au](mailto:PLandy@Tennis.com.au))

Tennis Tasmania recognises the critical role that volunteers play in the growth of our sport, and we hope to see you at one of the above courses.

An ideal opportunity to acquire some coaching skills that can help grow activity within your club!

Cost: \$135 (\$95 for those linked with a Tennis Australia Qualified Coach Member)

Register: to express your interest, please send your names, phone number and email address to Patrick Landy [PLandy@Tennis.com.au](mailto:PLandy@Tennis.com.au)

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## SPONSORS

Just a reminder to support our valuable sponsors listed below, they are an important part of our club so let them know their support is worthwhile.

**If anyone would like to become a sponsor or knows of any business who would, contact Sean Kelly on 0448 329 771.**

### Sunshine Tennis Club MAJOR Sponsors

Please support these Businesses - they support your Tennis Club

**TIM PAIN PODIATRY** 17a Gordon's Hill Road, ROSNY PARK  
ph 6244 7999 [www.timpainpodiatry.com.au](http://www.timpainpodiatry.com.au)

**DILGERS CALTEX** 11A Howrah Road, HOWRAH.  
ph 6247 9125 (WE FIX CARS GUARANTEED.)

**EASTERN SHORE DOCTORS** Shop 16, Shoreline Shopping Centre, HOWRAH ph 6282 1333

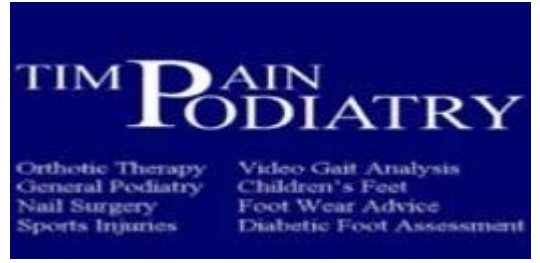
**HARRY COOMER** Charlotte Peterswald, 93 Salamanca Place, Battery Point. ph 0448 544 100  
email [harry@coomerco.com.au](mailto:harry@coomerco.com.au)

**HOBART FINANCIAL PLANNING-** Duncan Hurd 11 Scott Street, BELLERIVE. ph 6275 5439  
email [duncan@hobartfp.com.au](mailto:duncan@hobartfp.com.au)

**NILS- No Interest Loans Network of Tasmania** GPO Box 132, BATTERY POINT ph 1300 301 650

**CONRAD DESIGN** - Graphic Design & Web Creative.  
Website: [www.conradesign.com.au](http://www.conradesign.com.au)

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## DICKSON TENNIS

Did you know our coaches do all sorts of tennis from pre school, afternoon groups, private lessons for both adults and juniors, parties, swingfit and even have time to offer the following new services!!!!

"We were thinking of adding the following programs" says Kat so if anybody is interested can they contact her on 0412817427

- Adult gentle/beginner fitness possibly on Tuesday 5.30pm. We are awaiting for some people to register interest before we start.

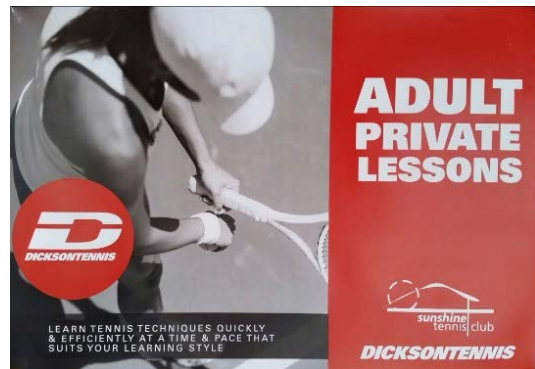
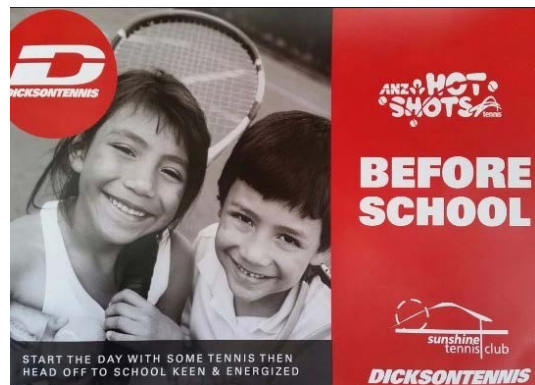
- adult beginner tennis program - people who have never played tennis before (probably won't be a member but maybe a friend of a member?)

Friday - possibly will start on Monday and Thursday as well once more interest is gathered.

They will also have school holiday camps on Wednesday and Thursday this week 1.30-4.30 and 3 more days next week and will reconfirm. \$30 for 3 hours".

Ring Kat or David for further info on 0412817427

Thanks  
Kat and Dave



## Buy, Sell and Found

If you have any tennis items of interest to other members, feel free to email [sunshinetennis.tasmania@gmail.com](mailto:sunshinetennis.tasmania@gmail.com) with short description of the item.

**Used Tennis Balls** (can of FOUR) -good for the dog \$2.00 a can. Ph 0400 974 056 or deposit funds in the Suggestion Box in the Clubroom.

11 Howrah Road, Howrah, Tas 7018

PO Box 377, Rosny Park Tas 7018

Phone Secretary Sean Kelly 03 6247 8599 or 0448 329 771

Email: [sunshinetennis.tasmania@gmail.com](mailto:sunshinetennis.tasmania@gmail.com)

Website: [www.sunshinetennisclub.org.au](http://www.sunshinetennisclub.org.au)